

Gene Cook Supports presents...

# REACH

**EMPOWERING INDIVIDUALS WITH DISABILITIES TO ENGAGE IN ENRICHING ACTIVITIES TO FOSTER PERSONAL GROWTH, CREATIVITY, AND COMMUNITY CONNECTION!**

Relationships \* Education \* Accessibility \* Community Integration \* Health



## Why Join REACH?

At Gene Cook Supports, we believe in the potential of all individuals to grow and thrive. Regardless of the company that provides an individual's support, we are committed to advocating for opportunities which promote learning, personal development, and empowerment for EVERYONE!



## Activities Membership

By becoming a member of **REACH**, individuals will have access to a myriad of enrichment activities, classes, and experiences to enhance their skills, knowledge, and overall well-being. Activities include, but are not limited to:

- Arts and Crafts
- Book Club
- Bowling
- Choir
- Movie and Game Nights
- Healthy Cooking
- Life Skills
- Music, Movement, and Discovery
- Professional Development Club
- Walking Club
- Yoga

*REACH membership also includes special event activities including the GCS Annual Picnic, Spring Gala, Harvest Party, Thanksgiving Luncheon, and more!*



## Additional Services

Gene Cook Supports offers CPR certification, relationship and sexuality education, and ODP-certified investigator services to further support the health, safety, and care of individuals. Contact us for additional information!



**JOIN REACH TODAY!  
\$100/MONTH**

**For more information,  
call 412-229-8540 or visit  
[www.genecoosupports.org](http://www.genecoosupports.org).**

*\*\*Individuals do not need to be supported by Gene Cook Supports to become a member of REACH.*